

# MSH Social Work Resources for Weekend Discharges

RESOURCE & CONTACT	DETAILS	
<p><b>Inpatients:</b> AMION under DHM &amp; SW pages</p> <p><b>Pager # 4225</b> OR <b>EPIC chat</b></p> <p>If EPIC chat, please GROUP chat all of the SWs on call</p>	<p><b>Planning for Weekend Discharges during the week:</b></p>	
	<p><b>Discharge to home:</b></p> <ul style="list-style-type: none"> <li>Alert SW on Friday to reinstate home attendant for weekend or Monday</li> <li>Insured patients: Ideally complete Med Rec and send Rx to pharmacy on Friday in case prior authorization is required (or pharmacy closed on weekend)</li> <li>Uninsured patients: Alert SW to fill prescriptions for uninsured patients on Friday – we can provide 30 day supply M-F, but only 7 day supply on weekends and holidays</li> </ul>	<p><b>Discharge to SAR/SNF:</b></p> <ul style="list-style-type: none"> <li>Some SAR/SNF will take patients over the weekend –               <ul style="list-style-type: none"> <li>More likely to happen if patient previously known to that facility or is a long-term resident</li> </ul> </li> <li>Discuss with SW on Friday to see if SAR/SNF can accept over the weekend and to set up transportation</li> </ul>
<p><b>ED Boarders:</b> <b>EPIC chat:</b></p> <p>“MSH ED CORE SOCIAL WORK CASE MANAGEMENT”</p>	<p><b>Weekend SW can:</b></p>	<p><b>Weekend SW canNOT:</b></p>
	<ul style="list-style-type: none"> <li>Make and confirm referrals to VNS</li> <li>Initiate new CHHA (Visiting Nurse Agencies) referrals if CHHA is open;               <ul style="list-style-type: none"> <li>Not all CHHAs accept referrals on the weekend and SW may not be able to guarantee start of care</li> </ul> </li> <li>Arrange, confirm and cancel transportation</li> <li>Fax discharge summaries</li> <li>Arrange transportation to SAR/SNF if bed is confirmed and authorization is received on Friday</li> <li>Reinstate dialysis on Saturday for Monday/Tuesday sessions</li> <li>Provide petty cash and MetroCards</li> <li>Provide clothing for patients</li> <li>Cancel a discharge</li> <li>Fill prescriptions for uninsured patients - <i>7 day supply only</i> <ul style="list-style-type: none"> <li>Not all medications are available on the weekends</li> </ul> </li> <li>Provide walkers, canes, crutches and oxygen only (better to identify needs M-F if possible)               <ul style="list-style-type: none"> <li>Note: <i>There are no DME companies onsite on weekends / holidays.</i></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Obtain Managed Care authorizations</li> <li>Reinstate home care that is &gt; 6 hours per day if the weekday social worker has not already done so               <ul style="list-style-type: none"> <li>If patient normally does not have home care on the weekend and the family can bridge, SW can fax to reinstate services, but will not receive confirmation of start of care – <i>discuss options with SW</i></li> </ul> </li> <li>Initiate process for home wound vac or pleurx cath</li> <li>Initiate Shelter packet</li> <li>Cannot reinstate dialysis on Sundays (can on Saturday)</li> <li>Communicate with many SAR/SNFs who do not have weekend admissions.</li> </ul>
<p><b>Discharge to home:</b></p> <ul style="list-style-type: none"> <li>If patients are still physically located in the ED, then their home care services <i>may</i> still in place and SW may not have to formally reinstate care with the agency</li> <li>SW has access to DME for immediate discharges if the patient requires them to go home safely</li> <li>ED SW is available 24/7 for discharges from the ED</li> <li>EPIC chat MSH ED CORE team to discuss options</li> </ul>	<p><b>Discharge back to SAR/SNF</b></p> <ul style="list-style-type: none"> <li>If patients are still physically located in the ED and it's been &lt;24 hours since admission, then their SAR/SNF may take them back without a new PT consult, PRI or authorization</li> <li>ED SW will communicate with SAR/SNF and arrange transportation if they can be discharged</li> <li>EPIC chat MSH ED CORE team to discuss options</li> </ul>	

# MSH Additional Resources for Weekend Discharges

RESOURCES	CONTACT	DETAILS
<p><b>CASE MANAGEMENT “DASH”</b> (Discharge Acceleration at Sinai Hospital)</p>	<p><b>AMION</b> under DHM &amp; CM pages <b>EPIC chat</b> weekend Case Manager</p>	<ul style="list-style-type: none"> <li>Expedite (“DASH”) procedures, imaging, etc that will directly advance care to expedite discharge</li> <li>Complete PRIs based on patient’s readiness (may be deferred to Monday, but can ask CM if they have capacity)</li> <li>Follow up on Patient Discharge Appeals and notify team of determinations</li> <li>Follow up on Authorizations for <i>some</i> patients to be discharged to facilities</li> </ul> <p>*Limitations: many insurance companies and NH admissions offices are closed on the weekends</p>
<p><b>PHYSICAL THERAPY CONSULTATION</b></p>	<p><b>EPIC chat:</b> “<b>MSH acute PT weekend</b>” group  Can also ask CM to DASH</p>	<ul style="list-style-type: none"> <li>Home PT referrals can be placed without a PT evaluation. <ul style="list-style-type: none"> <li>SW can place a referral for home PT based on physician recommendation</li> </ul> </li> <li>Home DME can be provided by home PT – should not hold up discharge unless essential and patient unsafe without it</li> <li>Consult PT early in day, alert DASH CM and PT Epic Chat If you feel the patient is discharge-ready or nearing medical readiness for discharge AND requires PT in order to leave the hospital (ie. if you think pt will be recommended for SAR and/or if they are borderline SAR vs home)</li> </ul>
<p><b>SLP EVALUATION</b></p>	<p><b>EPIC chat “MSH Acute SLP”</b> OR Call <b>347-918-7445</b></p> <p>Please specify this is discharge dependent so SLP therapist knows to expedite</p>	<ul style="list-style-type: none"> <li>Ask for expedited SLP eval if you think needs SLP AND meets the following criteria (i.e. SLP can make rec w/o FEES) <ol style="list-style-type: none"> <li>Patient with Chronic dysphagia and medically stable</li> <li>Dysphagia is not primary reason for admission</li> <li>Clear chest x-ray</li> <li>Have a stable means of nutrition and being discharged to a facility where they will be followed by SLP</li> <li>Patients who only need a diet upgrade (i.e. puree to soft) don’t need to be seen - they can always be followed as an outpatient</li> </ol> </li> <li>If the following are true, SLP would not clear for d/c on weekend and therefore pt would NOT be prioritized <ol style="list-style-type: none"> <li>Compromised respiratory status</li> <li>New oxygen requirement</li> <li>Can’t manage secretions</li> </ol> </li> </ul> <p>Note: any patient admitted for aspiration pneumonia <b>needs an instrumental exam</b> which are not performed over the weekend and these consults will not be prioritized on the weekend.</p>
<p><b>APPOINTMENTS</b></p>	<p><b>Email:</b> <a href="mailto:discharge.followups@mountsinai.org">discharge.followups@mountsinai.org</a></p> <p>This is only used for IMA &amp; Specialty discharge follow-up requests located at 17 E 102nd Street.</p> <p><b>Note:</b> They do not schedule appointments for FPA locations</p>	<p>Please indicate the following in your email:</p> <p>MRN#: _____  PATIENT NAME: _____  INSURANCE: _____  DOB: _____  PT. CONTACT #: _____  REQUESTOR NAME &amp; NUMBER: _____  DEPT &amp; APPT REQUEST TIME: _____  REASON/DIAGNOSIS: F/U _____  PREFERRED MD: _____  COMMENTS: _____  Anticipated D/C Date: _____</p> <p>*Sign out to weekday team to make sure patient is called when appointment is made. Please CC the attending taking over during week (or from last week if changing), on the email to ensure follow up on Monday.*</p>