| System | Needs ICU | 9W Stepdown | Consider downgrading to floors |
|----------------------------------|--|--|--|
| Monitoring or patient care | Q1 hr vital signs Q1 hr monitoring Critical care medications | Q2 hr vital signs Q2 hr nursing interventions Q2 hr nursing assessments Q4 hr labs New initiation of NIV Won't benefit from ICU level of care | Q4h vital signs, nursing interventions or nursing assessments Q6h labs |
| ID | Septic shock | Sepsis including fluid-responsive hypotension, organ failure | Sepsis responsive to fluids and with stable/improved end-organ dysfunction in last 48 hrs |
| Cardiac | Hemodynamic instability requiring vasopressors or hypertensive emergency requiring continuous intravenous medications | Tachyarrhythmia with sustained heart rate >130 bpm Recently weaned off vasopressors (>6h) | Stable tachycardia to HR <130 bpm |
| Pulmonary | high risk for intubation Intubated Massive PE and/or s/p catheter directed or systemic thrombolysis non-invasive positive pressure ventilation: BIPAP, CPAP, HFNC with altered mentation Increasing NIV requirements Recent extubation with high-risk features requiring frequent monitoring or pulmonary physiotherapy | non-invasive positive pressure ventilation: continuous BIPAP, CPAP, HFNC, RR<35 Sub-massive pulmonary embolism (SBP>90, no vasopressor/inotropic support) with right heart strain on echocardiogram or elevated troponins/BNP | Stable O2 requirement via nasal cannula NIPPV at night for stable chronic conditions (COPD, OHS) Submassive PE with stable hemodynamics and O2 requirement |
| Neurology | severe alcohol withdrawal new onset stroke opioid overdose with respiratory failure or requiring naloxone drip | <i>Moderate</i> alcohol withdrawal chronic neuromuscular disorders: protecting airway, no impending respiratory failure | Mild alcohol withdrawal |
| GI | Hemodynamically unstable GI bleed | GI bleed requiring q4h labs | Stable GI bleed without associated hypotension requiring labs q8h or less |
| Endocrine | Diabetic ketoacidosis or hyperosmolar state requiring insulin drip | Hypo- or hypernatremia requiring q4 laboratory monitoring | |
| Renal | CVVH or aquapheresis Hyponatremia requiring hypertonic saline (2% if lab draws more frequent than q4h or 3%) ** Hyponatremia with Na < 120 should be <i>discussed</i> with ICU for admission evaluation | Hyponatremia with Na <125 Hyponatremia requiring hypertonic saline (2%) if lab draws q4h or less frequent | Hyponatremia >125, off hypertonic saline, requiring labs q6h or less |

| MEDICATION | DOSE | |
|-----------------------------|---|--|
| | Initial bolus (stable tachyarrhythmia): | |
| Amiodarone (Cordarone) | 150 mg in D5W 100 ml IVPB over 10 min | |
| | Maintenance dose: 1 mg/min x 6 hrs, then 0.5 mg/min x 18 hrs | |
| Argatroban | Normal hepatic function: Start at 2 mcg/kg/minute | |
| | Hepatic impairment/critically ill: Start at 0.2-0.5 mcg/kg/minute | |
| Sodium bicarbonate gtt | 6.25-50 mEq/hr | |
| Digoxin iv | 500 to 1000 mcg generally given over 2-4 doses every 4 – 6 hours as load | |
| Hydromorphone | For analgesia or for trach/vented patients | |
| (Dilaudid) | Initial bolus: 0.2 – 0.4 mg over 2 min; Maintenance dose: start 0.2 mg/hour, | |
| | MD will determine dose of medication | |
| | For analgesia or for trach/vented patients | |
| Morphine | Bolus dose: 0.5-1mg IV push over 2 min; Maintenance dose: start at 1 mg/hr | |
| | MD will determine dose of medication | |
| Octreotide (Sandostatin) | 25-50 mcg/hr | |
| Pantoprazole | Loading dose: 80 mg IV | |
| Pantoprazole | Maintenance dose: 8 mg/hr x72 hours | |

Note: non-titrated vasopressors are permitted for patients who will not benefit from ICU Note: intubated patients are permitted for patients who will not benefit from ICU