### KCC 5S/5N/4S GP 9W/10W Neha Kumar, PharmD, BCPS Sefa Kploanyi, PharmD Stephanie Gregg, PharmD, BCGP Phi Oanh (Fiona) Dang, PharmD Your Transitions of Care Pharmacists Contact us: Sefa Stephanie Neha Fiona (347)-638-4286 Phone (347)-514-2025 (347)-573-1098 (347)-949-3135 Email Neha.Kumar@mountsinai.org Sefa.Kploanyi@mountsinai.org Stephanie.Gregg@mountsinai.org Phioanh.Dang@mountsinai.org We're also on CureATR Monday - Friday 9 AM - 5PM

## Consult the TOC Pharmacists early if you feel your patient will benefit

Examples of services available for select patients\*:

- Medication reconciliation on admission
- Discharge medication reconciliation review
- Heart Failure, Diabetes, Asthma, COPD, Pneumonia and Myocardial Infarction disease state teaching\*
- Screening for medication adherence barriers and recommendations for adherence aides
- Medication counseling
- Inhaler use and self-injection teaching
- Meds to Beds service coordination

# Transitions of Care Tips

#### Which medications require insurance checks?

It is somewhat of a guessing game which medication will be denied by a patient's insurance. In general, however, it is prudent to check medications that are newer to market, injectables, specialty medications, medications in an uncommon dose form (e.g. Zofran ODT vs. tablets), and any medications critical to your patient's well-being. A few common examples are listed below:

- <u>Anticoagulants:</u> enoxaparin, rivaroxaban, dabigatran, apixaban
- <u>Antibiotics, antivirals, antifungals:</u> linezolid, PO vancomycin for *C. diff*, rifaximin, voriconazole, posaconazole
- <u>Pain medications:</u> long-acting narcotics (e.g. fentanyl patch, MSContin, OxyContin), immediate-release narcotics in large quantities
- <u>Others:</u> injectables (e.g. octreotide, insulins)

### **Medication Adherence Aide Options**

- Pill boxes
- Blister packing/bubble packing
- Home delivery
- Medication bedside delivery (Meds to Beds)
- Medication schedules (written or electronic)
- Social programs for charity coverage on medications and monitoring devices

#### How to Do a Preliminary Discharge Medication Reconciliation

- 1. Go to the "**Discharge**" tab
- 2. Confirm home medications with the patient if a medication reconciliation was not performed on admission. Also, update the preferred discharge pharmacy. Then press next.
- 3. Reconcile inpatient medication orders.

p 1. Confirm Home Medications With Patient 2. Reconcile Meds for Discharge 3. New Orders for Discharge 4. Review and Sign	1				Orders Need Reconciliation
Reconcile Meds for Discharge					Needs review for Discharge
					acetaminophen (TYLENOL) tablet 650 mg
(i) Review all prior to admission medications and current inpatient medications to determine the medications the patient should take after discharge.					bisacodyl (DULCOLAX) 10 mg suppository
Cone or more inpatient medications needing review were originally ordered as part of a linked order group. Linked order information is shown		bisacodyl (DULCOLAX) 5 mg tablet, delayed			
Sort by Therapeutic Class	Mark All Don't Prescribe Mark All Resume	Mark All Resume	Mark All Stop Taking	A Wext	release (DR/EC)
					bisacodyl (DULCOLAX) EC tablet 10 mg
Pharmory Walgreens Drug Store 11427 - BROOKLYN, NY - 1409 AVENUE J AT NEC OF 14TH ST & AVE J ANALGESICS					colchicine (COLCRYS) 0.6 mg tablet
					colchicine (COLCRYS) tablet 1.2 mg
acetaminophen (TYLENOL) tablet 650 mg 650 mg, oral, EVERY 6 HOURS PRN, Mild Pain, Starting Mon 10/8/18 at 1930		Prescribe New Me	d Don't Prescribe		diphenhydrAMINE (BENADRYL) injection 25 mg
fentaNYL (DURAGESIC) 100 mcg/hr patch 72 hour     Apply 3 patches to skin every 72 hours. Patient takes 300 mcg every 72 hours for 2 years now     Indications: SEVERE PAIN WITH OPIOID	Re-prescribe/Modify Home Med	Resume (No Rx)	Stop Taking		diphenhydrAMINE (BENADRYL) injection 50 mg
TOLERANCE, Last Dose: 10/8/2018 at Unknown time					docusate sodium (COLACE) 100 mg capsule
Similar To Z fentaNYL (DURAGESIC) 100 mcg/hr patch 3 patch					docusate sodium (COLACE) capsule 100 mg
FentarYE (DURAGENC) IOU mcg/m patch 3 patch 3 patch, transdermal, EVERY 48 HOURS, First dose on Thu 10/11/18 at 2030 Clinical Decision Support: Pain Management Help Report, Opiate Titration Calculator		Prescribe New Me	d Don't Prescribe		fentaNYL (DURAGESIC) 100 mcg/hr patch 3 patch
Frequency changed from "EVERY 72 HOURS" to "EVERY 48 HOURS".					fentaNYL (DURAGESIC) 100 mcg/hr patch 72
₽ <sup>©</sup> Hydrocodone-Acetaminophen 10-325 mg tablet	Re-prescribe/Modify Home Med	Resume (No Rx)	Stop Taking		hour
Take 1 tablet by mouth every 8 hours as needed for Moderate Pain. Last Dose: 10/8/2018 at Unknown time	Ne-prescriber Addity Home Med	resource (No Pol)	Stop Taking		fentanyl (DURAGESIC) patch REMOVAL
a <sup>©</sup> morphine 10 mg/5 mL solution	Re-prescribe/Modify Home Med	Resume (No Rx)	Stop Taking		ferrous sulfate tablet 325 mg
Take 15 mg by mouth 6 times daily as needed for Moderate Pain. Indications: PAIN, Last Dose: Not Recorded				folic acid (FOLVITE) 1 mg tablet	

4. Order any new medications under "Reconcile Meds for Discharge" or "New Orders for Discharge"

Discharge	() * X
Help 1. Confirm Home Medications With Patient 2. Reconcile Medis for Discharge 3. New Orders for Discharge 4. Review and Sign	
Discharge Problem List	📲 Care Coordination Note 🛛 👄 👄
Bearch for new problem 🛉 Add 🛤 DNReference	Show: Past Problems 🖌
Review all problems to determine which can be resolved and which still require a plan for treatment after discharge.	Suggested Mark Unreconciled Active

#### 5. Review and sign the orders

Discharge		⊛ *
Help 1. Confirm Home Medications With Patient 2. Reconcile Meds for Discharge 3. New Orders for Discharge 4. Review and Sign		Let Expire on Discharge
Review and Sign		TPN ADULT
G Review and Sign	+	TPN ADULT
OUSE BION & HOLD IS LUMARE TO PSND PATHWAY ORDERS. Ensure all orders are refeased prior to discharge.     Order Model Standard Providers Di Association		Taking During Admission
		bisacodyl (DULCOLAX) EC tablet 10 mg
Pharmacy Walgreens Drug Store 11427 - BROOKLYN, NY - 1409 AVENUE J AT NEC OF 14TH ST & AVE J		colchicine (COLCRYS) tablet 1.2 mg
		docusate sodium (COLACE) capsule 100 mg
There are currently no orders to display		fentaNYL (DURAGESIC) 100 mcg/hr patch 2 patch

6. Alert the TOC pharmacist that the preliminary discharge medication reconciliation is ready for review. The pharmacist will follow up with the patient's pharmacy on any new medications to ensure coverage and availability.